# Polylactide Used as Filment in 3D Printing – Part 1: FTIR, DRIFT and TG-DTG Studies

Beata Grabowska\*, Karolina Kaczmarska, Sylwia Cukrowicz, Elżbieta Mączka, Artur Bobrowski

AGH University of Science and Technology, Faculty of Foundry Engineering, Reymonta 23, 30-059 Krakow, Poland \*e-mail: beata.grabowska@agh.edu.pl

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#### **Abstract**

A short literature review was undertaken in terms of the structure, properties and applications of polymers, including those commonly used in 3D printing. The research part included the structural and thermal analysis of polylactide (PLA), which is an example of an extensively used polymer in the developing 3D technology. Special attention was paid to the comparison of structure and thermal stability of two different (from various producers) polylactide samples. The research, involving such analytical methods as infrared spectroscopy (FTIR) and diffuse reflectance infrared spectroscopy (DRIFT), allowed the comparison of the structure of the two PLA samples considered. The determination of the temperature range in which changes related to PLA thermodestruction occur was a result of the performed thermoanalytical research (DRIFT, TG-DTG). Thermal studies also allowed to establish the temperature range in which the material does not yet degrade, which is important in the context of future planned research work on polylactide modification to obtain the improvement of the thermal and mechanical properties of PLA-based materials. This research area will be described in the second part of the publication.

### **Keywords:**

polylactide, 3D printing technology, thermal degradation, FTIR, TG-DTG

### 1. INTRODUCTION

3D printing technology is focused on the fabrication of wax patterns followed by final products being obtained in the lost wax casting process. It is especially useful in the production of small parts and assemblies used in miniaturized electronic devices and also in toy and jewellery manufacturing. Biomedical equipment, such as biocompatible implants, dental prosthetics, orthodontics and orthopedics are the most common medical applications of the 3D printing technique (Fig. 1) [1–10].

At present, a wide spectrum of materials is used for additive manufacturing in 3D printing technology. Their selection is closely related to the application of the achieved model/prototype. Contemporary materials mostly include polymers but also metals and ceramics.

While creating an illustrative visualization of the 3D planning models, cheap materials are considered, e.g. polyethylene (PE), acrylonitrile butadiene styrene (ABS) of technical purity. However, for the production of individualized elements intended to be introduced into the human body, biomaterials that meet specified requirements are needed. Biocompatibility, non-toxicity, and hypoallergenic properties

are key to the successful application of implant materials. Biodegradable polymers such as polylactide (PLA), polyglycolide (PGA), poly(lactide-co-glycolide) (PLGA), polycaprolactone (PCL) belonging to the group of synthetic polymers, polydimethylsiloxane (PDMS), being the simplest member of the silicone polymer family, and chitin, chitosan, collagen of natural polymers are used with considerable degrees of success [11, 12].



Fig. 1. 3D printed cast patterns of dental bridges [3]

Polylactide [poly(lactic acid), PLA] belongs to the group of aliphatic polyesters (Fig. 2). The synthesis of PLA can be performed by the direct polycondensation of lactic acid or by the ring-opening polymerization of lactide (LA). LA possesses two chiral centers and can thus exist in three distinct diastereoisomers, namely, DD-, LL-, and DL-. Therefore, PLA shows stereochemical diversity. Depending on the synthesis conditions three forms of PLA with different properties can be obtained: poly(L-lactide) (PLLA), poly(DL-lactide) (PDLLA), and poly(D-lactide) (PDLA) [11, 12].

$$\begin{array}{c|c}
 & O \\
\hline
 & O \\
 & CH \\
 & CH_3
\end{array}$$

Fig. 2. Structure of polylactide

In general, PLA is a transparent thermoplastic polymer, quite stiff and brittle, and at the same time completely biodegradable. The disadvantage of PLA is its water absorption tendency, resulting from the presence of ester groups in its structure. The effect is greater with more amorphous polymer. However, the properties of PLA strongly depend on the composition of the repeat units (L and D) and their distribution along the polyester chain. PLA is not soluble in water, but it is soluble in dichloromethane (DCM) and dimethylformamide (DMF). The degradation rate of PLA depends on many factors, among the most important of which are: the molecular weight and the stereochemical composition, the type of end groups, the shape and the thermal history, the temperature and pH of the environment. In the first stage, the hydrolytic degradation (reverse process to condensation) with a decrease in the molecular weight of PLA occurs. The second stage is biological degradation under the influence of microorganisms that break down PLA oligomers into water and CO<sub>2</sub>. The time of PLA hydrolytic degradation in an inert environment at 37°C ranges from several months to 1 year. However, for the meso-polylactide form, biodegradation lasts up to several weeks. The great majority of the manufacturing and processing of PLA is carried out at 200°C, ensuring a melt viscosity of less than 10<sup>3</sup> Pa·s. Under these conditions, PLA quite easily undergoes hydrolytic degradation and depolymerization processes. Ester bond breaking reactions are also possible [11, 12].

The high cost of the PLA synthesis limits its wider use, since the large-scale production of polylactide is too expensive for applications in the packaging industry [4, 5, 7]. Therefore, it is most often directed towards medical purposes as a material for the controlled drug release. Bioresorbable implants and surgical sutures, clamps, clips, surgical masks, dressings, compresses, medical staff clothing, pharmaceutical products and personal care materials are the main areas for PLA medical applications [8–10]. The great advantage of poly(lactic acid) and its copolymers results from the fact that its degradation products are natural metabolites. There is growing research interest in PLA, focused on reducing its production cost in order to expand the range of its applications, particularly in the packaging industry and the production of alternative fibers to nylon [4, 12]. Although polylactide-based

materials have been commonly processed into medical products by conventional techniques (e.g., casting, porogen leaching), PLA, its copolymers and composites are also increasingly often used in 3D printing technology [13, 14]. Breast-shaped poly(D,L)-lactide scaffolds fabricated by the melt extrusion were investigated for their potential in the long-term sustained regeneration of adipose tissue [15]. Poly-L-lactide copolymers such as poly(L-lactide-co-ε-caprolactone) and poly(L-lactide-co-glycolide) were considered as tubes for absorbable nerve guides and scaffolds for bone tissue engineering [16, 17]. Different additive manufacturing (AM) technologies were used: solution extrusion and selective laser sintering, respectively.

The publication is an introduction to the wider research plan on the modification of polylactide in the context of its use as a filament in 3D printing technology. As a starting point, the structural and thermoanalytical analysis of two commercial filaments commonly used in the 3D printing technique was assumed. The determination of the temperature range in which PLA does not degrade is important in the context of the planned research work on its modification to improve the thermal and mechanical properties of PLA-based materials. The planned modification is aimed at a specific type of 3D printer dedicated to the production of detailed components for the automotive industry. The next part of the publication will present the research results on the resulting filament containing PLA.

#### 2. EXPERIMENTAL

### 2.1. Materials

Two commercial polylactide (PLA) filaments from different sources were tested: 1 – blue (INK3.DE) and 2 – black (VAKIND). The PLA-based samples were parts of polymers rolls of circular cross-section measuring 1.75 mm in diameter.

### 2.2. Thermogravimetric analysis (TG-DTG)

Thermal analysis was performed using a Jota thermal analyzer. The examinations were carried out in open platinum crucibles using a sample mass ca. 10 mg under an oxidizing atmosphere (synthetic air) (flow rate 40 ml/min) and in the temperature range from  $25^{\circ}$ C to  $1000^{\circ}$ C. The heating rate of the test sample was  $10^{\circ}$ C/min.

# 2.3. Structural analysis by the transmission technique (FTIR)

The structural tests were performed using the transmission technique (with KBr pellets) with the use of a Digilab Excalibur FTS 3000 Mx spectrometer with the DTGS detector. The sample preparation for the FTIR technique required making pellets ( $\phi10$  mm). To receive them, the materials had to be finely ground to produce particles that were smaller than the wavelength of IR radiation (5  $\mu$ m). Then, the prepared PLA-based samples in the amount of 2 mg were mixed with 200 mg of powdered, pure and dry potassium bromide (KBr). The pellets obtained by

compressing the mixtures in a hydraulic press at 200 bar for 1 min were then placed in the measuring chamber of the spectrometer. The obtained spectrum of each sample was compared with the background spectrum (KBr). The spectrum was recorded by the Varian Resolution Pro program, within an infrared radiation range of 4000–400 cm<sup>-1</sup>, with a power of resolution of 4 cm<sup>-1</sup>. The interferograms consisted of 32 sample scans, which were averaged over one spectrum.

# 2.4. Thermal analysis by diffuse reflectance technique (DRIFT)

Diffuse reflectance technique for infrared analysis of PLA samples was performed by means of an attachment connected to the devices for temperature and water cooling system control. The temperature spectra was recorded in the range of  $25\text{--}400^{\circ}\text{C}$  in the wavenumber range of  $4000\text{--}600~\text{cm}^{-1}$  with the set resolution of 8 cm $^{-1}$ . The interferograms consisted of 64 sample scans, which were averaged over one spectrum.

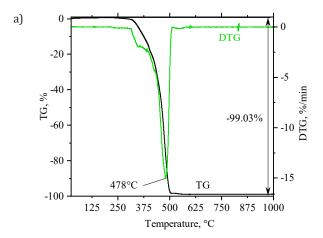
The infrared beam was focused by a series of mirrors on the surface of the sample, which was placed in a sample holder. Diffuse radiation through the powder was collected by other mirrors and sent to the detector. Preparation of the samples included grinding the tested materials in an agate mortar and mixing them with powdered KBr in an empirically selected proportion. The sample holder, a ceramic crucible, was placed inside a dome with zinc selenium (ZnSe) windows. As the infrared beam penetrates only the top 0.5–2.0 mm of the material, the lower half of the crucible was filled with pure KBr powder.

The data were registered under the conditions of increasing temperature in the atmosphere of oxygen. The recording of the spectra began 1 min after the pre-determined temperature was reached. The normalization of the spectra was performed by way of comparing the obtained spectrum with the background spectrum (KBr).

## 3. RESULTS AND DISCUSSION

# 3.1. TG-DTG analysis

Figure 3 shows the TG-DTG results for polylactide samples. Thermal decomposition of both PLA1 sample (Fig. 3a) and PLA2 sample (Fig. 3b) started at the same moment (after reaching the temperature of 300°C). The difference in the TG-DTG curves of the tested polymers indicates on better thermal stability of the PLA1 sample. Its thermal degradation occurred in the temperature range of 300-500°C. The final weight loss was 99.03%. The changes, under the influence of temperature, appeared more rapidly in the PLA2 sample. The polymer decomposition ended at 400°C. Its weight loss was 99.29%, so it was higher than the final PLA1 mass loss by 0.26%. It can also be seen that between 300°C and 400°C the PLA1 TG curve is non-linear. Therefore, the nature of its degradation process is slightly more complex than the thermal decomposition of the second polymer (PLA2).



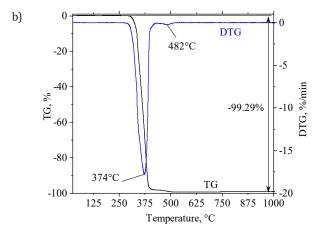


Fig. 3. TG-DTG curves of: a) PLA1; b) PLA 2

### 3.2. Structural analysis

FTIR spectra of PLA samples have been shown in Figure 4. The absorption bands of low intensity in the wavenumber region of about 3500 cm $^{-1}$  are typical of the free O–H group ( $\rm H_2O$ ). The maxima of the bands at 2925 cm $^{-1}$ , 2848 cm $^{-1}$  (spectrum 1) and 2998 cm $^{-1}$ , 2945 cm $^{-1}$  (spectrum 2) are assigned to C–H stretching vibrations.

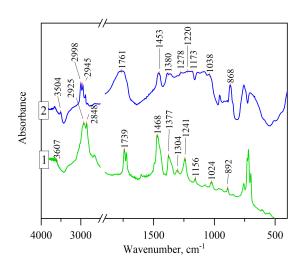


Fig. 4. IR spectra of: 1) PLA1; 2) PLA2

Characteristic bands of polylacite functional groups can also be distinguished. The absorption bands observed in the range of wavenumber  $1739-1761~\rm cm^{-1}$  and  $1156-1173~\rm cm^{-1}$  correspond respectively to the stretching vibrations of C=O and C-O-C groups. The noticeable differences in the bands related to, e.g., C=O bending vibrations (1220 cm<sup>-1</sup> on spectrum 1 and 1241 cm<sup>-1</sup> on spectrum 2), which can be seen in both spectra, may be the result of the presence of additives (dyes) in the samples.

Identified bands on IR spectra for a PLA samples are summarized in Table 1.

**Table 1** Characteristic absorption bands on the IR spectra of PLA samples

Sample			
PLA1	PLA2	Assignment	Remarks
Wavenumber, cm⁻¹			
3504	3607	ν-ОН	Band of free OH group (water)
2998	2925	_ ν-C–Η ν(CH <sub>2</sub> )	Stretching vibrations asymmetric and symmetric
2945	2848		
1761	1739	$v_s$ -C=0	Stretching vibrations of carbonyl group
1453	1468	$\beta(CH_3)$	In-plane bending vibrations
1380	1377	- δ-CH-	Deformation vibrations asymmetric and symmetric
1278	1304		
1220	1241	-C=O	Bending vibrations
1173	1156	ν-C-O-	Stretching vibrations
1038	1024	ν-ОН	Stretching vibrations
868	892	-C-C	Stretching vibrations
			<u> </u>

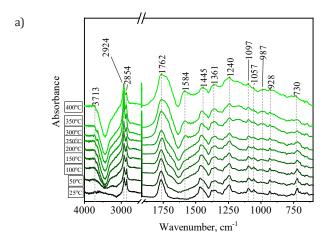
Figure 5 depicts the DRIFT temperature spectra obtained for the polylactide samples.

The determination of the structural changes occurring in PLA1 (Fig. 5a) and PLA2 (Fig. 5b) was carried out under the conditions of increasing temperature in the range of  $25-500^{\circ}$ C. The DRIFT spectra were recorded in the middle infrared range of  $4000-600~\text{cm}^{-1}$  by the technique of diffuse reflectance spectroscopy. In both spectra, the shape and position of the bands changes as the temperature increases. The intensity of certain bands also changes, some disappear completely. Moreover, new bands appear.

The characteristic peaks appearing on the DRIFT spectra in a region of low wavelength of the PLA1 sample (Fig. 5a) are: the C–O–C deformation vibrations which correspond to peaks at 730 and 928 cm $^{-1}$  and the C–C stretching vibrations at 1057 cm $^{-1}$ . The bands with maxima wavenumbers of 1361 and 1445 cm $^{-1}$  can be attributed to CH $_{\!3}$  (deformation) groups, while at 2924 cm $^{-1}$  to CH $_{\!3}$  (stretching) groups. The new band at 1584 cm $^{-1}$  is assigned to ester group (COO). The sharp, strong peak at 1762 cm $^{-1}$  corresponds to C=O vibrations. There is also a small OH peak at 3713 cm $^{-1}$ .

The changes in PLA1 structure (Fig. 5a) that appear with increasing temperature are mainly related to its progressive thermal degradation. Above 300°C, in the wavelength range from 730 to 1584 cm $^{-1}$ , a gradual increase in the band intensity can be observed, especially in the area at 1240 cm $^{-1}$ . A similar tendency can be noticed in the case of bands with peaks at 1762 and 2924 cm $^{-1}$ . In these areas, the bands extension was also registered. At the same time (at the temperature of 300–400°C), a new band appears with a maximum at 1584 cm $^{-1}$ , which can be attributed to  $\nu_{\rm as}({\rm OCO})$  vibrations. This may indicate the formation of gaseous products, i.e. mixtures of carbon dioxide and oxygen gases.

The course of structural changes of PLA2 (Fig. 5b) is similar, except that shifts of maximum bands are observed and visible changes in the intensity of some bands are observed (increase in intensity at  $400^{\circ}$ C with a maximum of  $1765 \text{ cm}^{-1}$ ,  $1093 \text{ cm}^{-1}$ ). Bands not present in the DRIFT spectra of PLA1 have also been observed – with a maximum of  $1190 \text{ cm}^{-1}$  and  $864 \text{ cm}^{-1}$ , which are likely to be associated with different additives (e.g. dyes) in the filament.



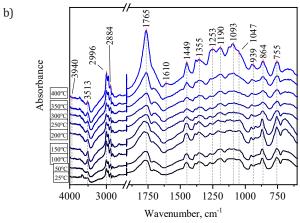


Fig. 5. DRIFT spectra recorded for the a) PLA1; b) PLA2 sample in the temperature range of  $25-400^{\circ}$ C

# 4. CONCLUSIONS

The complex thermoanalytical analysis (FTIR, DRIFT, TG-DTG) allowed the determination of the temperature range in which the initial commercially available polylactide does not undergo thermal degradation but only reversible transformations, and thus does not lose its functional properties.

On the basis of the obtained test results, it can be stated that both PLA samples are thermally stable in the temperature range 25–300°C. Thus, the operating temperature of a typical 3D printer where the processing of polylactide takes place, is not exceeded (*extrusion temperature* is not exceeded). In addition, the information obtained is important in terms of optimizing the conditions of its processing, including the use of 3D printing technology for the production of details for the automotive industry.

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